

Rahkal C. D. Shelton



AUTHOR | SPEAKER | INSPO ENTHUSIAST | WORKPLACE PEACE ADVOCATE

WHO I AM

The author of *Woosah: A Survival Guide For Women Of Color Working In Corporate* and the founder of *Be The Inspired You*, a motivational lifestyle brand created to challenge individuals to be the best version of themselves. I am an author, speaker, inspo enthusiast, and workplace peace advocate.

WHAT I OFFER

I help individuals find harmony and strategy for thriving in challenging environments and circumstances in life and the workplace. I offer courses, workshops, keynote and panel speaking opportunities, consulting and mentorship.

WHAT I BELIEVE

I am a firm believer in encouraging mindfulness, mindset shifting, affirmations, and collaborative work cultures (workplace peace). Sharing experiences transparently and authentically has the power to inspire and set others free personally and professionally.

WOOSAH

A Survival Guide For
Women Of Color Working In Corporate

amazon

#woosahthebook



**Speaking
Topics**

**Mindfulness & Strategy For Thriving In
Challenging Environments.**

**Identifying & Owning
Personal Skills For Professional Success**

**Career Readiness
Interviewing & Networking Strategies**

about

RAHKAL C. D. SHELTON

@rcarladanielle
#betheinspiredyou
#woosahthebook



After 12 years of service in the private sector, Rahkal decided it was time to WOOSAH and fired her corporate employer. Coining herself as a workplace peace advocate and inspiration enthusiast, she is focused on serving and inspiring others in and out of the workplace.

This motivated edupreneur (educator + entrepreneur) is a speaker, producer, author, and project manager by trade. She is a first-generation college graduate whose resume is lined with accomplishments and work histories with entities, including CNN, Warner Media (formerly Turner Broadcasting System Inc.), iHeartMedia (formerly Clear Channel Communications), and Fox Chicago News.

Rahkal holds a Master's degree in Media Communications and Training from Governors State University and a BA in Radio/TV/Film from Texas Southern University. She is genuinely passionate about helping individuals develop personally and professionally. Committed to holistic growth, Rahkal is a firm believer in collaborative work cultures (workplace peace) and curating personal skills for professional success. She is the author of *Dreams Bigger Than Texas*, *Blackbird*, and *Woosah: A Survival Guide for Women of Color Working in Corporate*.

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FEATURES & PARTNERSHIPS

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HUFFPOST

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GA

CLARK ATLANTA
UNIVERSITY

TSU

TEXAS SOUTHERN UNIVERSITY

 **RADIO ONE CHICAGO**

We Buy Black
From One For All

NO, IT'S NOT JUST YOU, AND YOU'RE NOT TRIPPING!

Let's be honest; the majority of the corporations we're working for weren't founded with us in mind. It is no secret how stressful, challenging, and difficult working in corporate America can be, especially for women of color.

But guess what, Sis? You made it, and most of us had to fight really hard to get here. We've worked long hours, continued our education, moved across the country, and made countless sacrifices. Now, wouldn't it be nice to feel respected, valued, and be equally compensated?

Wouldn't it be nice to create more significant contributions toward our careers while navigating the corporate beat down more effectively? Look no further; help is in your hand. But, first, let's take a deep breath and woosah.

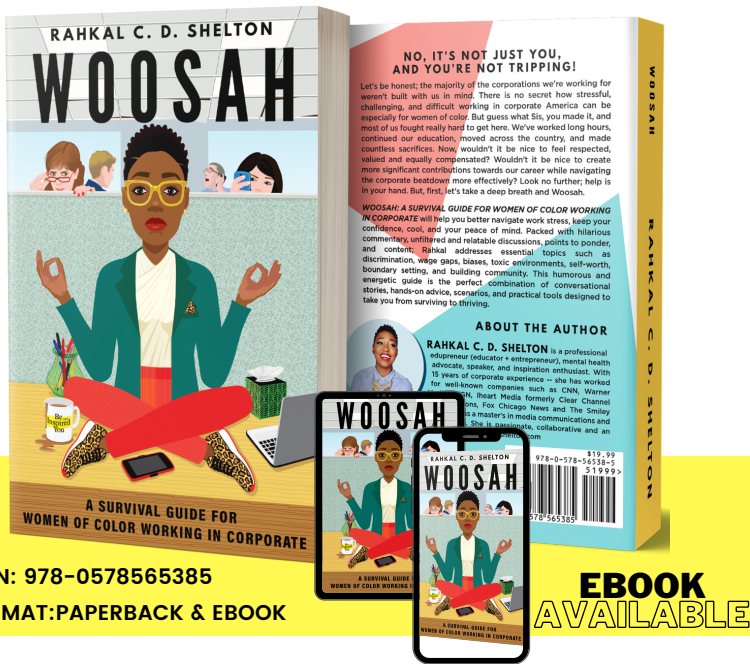
FEATURED ON MAJOR PLATFORMS INCLUDING FORBES, WGN, & HUFFPOST

Woosah: A Survival Guide for Women of Color Working in Corporate is guaranteed to help you better navigate the workplace while keeping your confidence, cool, and peace of mind. Packed with down-to-earth commentary, unfiltered and relatable stories, exercises, and practical tools in it, Rahkal provides invaluable advice for tackling thorny topics like discrimination, wage gaps, biases, toxic environments, self-worth, boundary setting, and community building. This humorous and energetic guide is for the woman who's ready to thrive.

available at
amazon



WWW.RAHKALSHELTON.COM



WOOSAH

A SURVIVAL GUIDE FOR WOMEN OF COLOR WORKING IN CORPORATE



ABOUT THE AUTHOR RAHKAL C. D. SHELTON



Rahkal C. D. Shelton is a workplace peace advocate, speaker, project manager and inspiration enthusiast. With 12 years of corporate experience—she has worked for well-known companies, including CNN, Warner Media, WGN, iHeartMedia (formerly Clear Channel Communications), Fox Chicago News, and The Smiley Group. Rahkal has a master's degree in media communications and training and is an HBCU alum. She is passionate about helping individuals find harmony and strategy for thriving in challenging environments.