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ABOUT THE AUTHOR:

Rahkal C. D. Shelton is a workplace peace advocate, speaker, and author. With over 12 years of corporate experience, including roles with CNN, Warner Media (formerly Turner Broadcasting System, Inc), WGN, iHeartMedia (formerly Clear Channel Communications), and Fox Chicago News; Rahkal has a Master's degree in media communications and training and is an HBCU alum. She is passionate about serving and inspiring individuals through personal and professional development coaching. Learn more at rahkalshelton.com.



IMMEDIATE RELEASE

Corporate dropout fires coveted employer, proclaiming a permanent Woosah from the private sector.

(Atlanta, GA) - Corporate dropout, speaker and author Rahkal C. D. Shelton fires her coveted employer, proclaiming a permanent Woosah from the private sector. This motivated edupreneur (educator + entrepreneur) is determined to use her experiences as inspiration for other working professionals, specifically women of color. She hopes to provide the necessary knowledge and tools to thrive in and beyond the confines of a 9-5. Her latest book, **Woosah: A Survival Guide for Women of Color Working in Corporate**, is a reflective depiction of the lessons and experiences that have shaped this dynamic writer, on her journey from internships to fortunate 500 companies. Rahkal provides invaluable advice for tackling thorny topics like discrimination, wage gaps, biases, toxic environments, self-worth, boundary setting, and community building.

SYNOPSIS

NO, IT'S NOT JUST YOU, AND YOU'RE NOT TRIPPING!

Let's be honest; the majority of the corporations we're working for weren't founded with us in mind. It is no secret how stressful, challenging, and difficult working in corporate America can be, especially for women of color. But guess what, Sis? You made it, and most of us had to fight really hard to get here. We've worked long hours, continued our education, moved across the country, and made countless sacrifices. Now, wouldn't it be nice to feel respected, valued, and be equally compensated? Wouldn't it be nice to create more significant contributions toward our careers while navigating the corporate beat down more effectively? Look no further; help is in your hand. But, first, let's take a deep breath and woosah.

Woosah: A Survival Guide for Women of Color Working in Corporate is guaranteed to help you better navigate the workplace while keeping your confidence, cool, and peace of mind.

Packed with down-to-earth commentary, unfiltered and relatable stories, exercises, and practical tools in it, Rahkal provides invaluable advice for tackling thorny topics like discrimination, wage gaps, biases, toxic environments, self-worth, boundary setting, and community building. This humorous and energetic guide is for the woman who's ready to thrive.

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WATCH THE OFFICIAL TRAILER

<https://youtu.be/jAX3RyJoLJI>

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